

	1st April <i>Families with babies (0-24mths)</i> Wellbeing Playtime 9am-10am	2nd April <i>Parent Support</i> Weekly weigh-in and walk 9-10am <i>Families with toddlers (1-3 years)</i> Play & Stay 10.30-11.30am <i>Parent Support</i> Family Therapy– by appointment only	3rd April <i>Parent Support</i> Cost of Living Advisor– by appointment only	4th April <i>Parent Support</i> ESOL course 12.45pm - 3.00pm
7th April <i>Parent Support</i> Parents/Carers Coffee Morning 9-10am	8th April <i>Families with babies (0-24mths)</i> Wellbeing Playtime 9am-10am	9th April <i>Parent Support</i> Weekly weigh-in and walk 9-10am <i>Families with toddlers (1-3 years)</i> Play & Stay 10.30-11.30am <i>Parent Support</i> Family Therapy– by appointment only	10th April <i>Parent Support</i> Cost of Living Advisor– by appointment only	11th April <i>Parent Support</i> ESOL course 12.45pm - 3.00pm
14th April - 25th April Easter break				
28th April <i>Parent Support</i> Parents/Carers Coffee Morning 9-10am	29th April <i>Families with babies (0-24mths)</i> Wellbeing Playtime 9am-10am	30th April <i>Parent Support</i> Weekly weigh-in and walk 9-10am <i>Families with toddlers (1-3 years)</i> Play & Stay 10.30-11.30am <i>Parent Support</i> Family Therapy– by appointment only <i>Families with 0-4 years old</i> Changes taster session “Building Buddies” at 1.30pm Book your space on www.sandwellchanges.co.uk		



April 2025

Sandwell
Family
Helping Families Thrive

